COURAGEOUS BAPTIST WOMEN

BONUS ACTIVITIES

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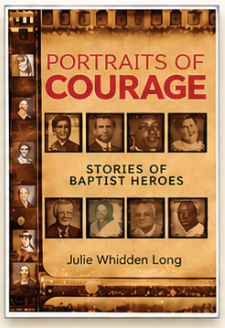
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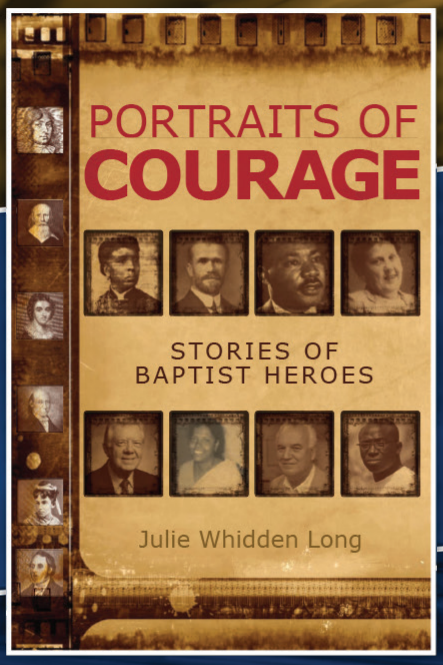


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BONUS ACTIVITIES

MISSION PROJECTS

Choose which mission project you and your class would like to do based on your community. You may choose more than one!

Standing Up for Others

Prathia Hall focused on standing up for others even when it means being punished. Reach out to people in your community who stand up for others. Maybe it's an immigration attorney, someone who goes to elementary schools to teach about how to stop bullying, a city council person, etc.

a. **Week 1**: Talk about what it means to stand up for others. Ask children to talk about times when someone has stood up for them or they have stood up for someone else.
b. **Week 2**: Ask someone who stands up for others to come speak to your class about what they do.
c. **Week 3**: Ask someone who works to stop bullying (maybe a school principal, a teacher, or someone who goes into the schools to teach about it) to come speak to your class.
d. **Week 4**: Talk about ways your church can stand up for others in the community.
e. **Week 5:** Choose one way that you will stand up for others this week.
f. **Week 6**: Talk about how the children stood up for others. Offer encouragement for them to continue to stand up for others.

Encourage Others

Babs Baugh focused on practical ways to help support ministries and encourage others. For this project, children will be writing notes of encouragement to various people.

a. **Week 1**: Talk about encouragement and why we need it. Write notes of encouragement to someone you know.
b. **Week 2**: Write notes of encouragement to ministers and church leaders.
c. **Week 3**: Write notes of encouragement to community helpers, like firefighters and police officers.
d. **Week 4**: Write notes of encouragement to community helpers like doctors and nurses.
e. **Week 5**: Write notes of encouragement to your teachers at school.
f. **Week 6**: Write notes of encouragement to your parents.

Foster Care

Diana Garland focused on how faith and social work can be effective together. Reach out to a social worker or organization that works with foster children and see what items they might need. Put together a list of items you will be collecting.

a. **Week 1**: Create posters asking for donations. Put up posters around your church.
b. **Week 2**: Collect donated items from around the church. Encourage children to talk about the things they have that are important to them—a favorite stuffed animal, blanket, etc. Talk about how things like this can bring comfort to children in foster care who may have to move around a lot.
c. **Week 3**: Have a social worker come and talk to your class about foster care and how social workers help children and families.
d. **Week 4**: Collect items from around the church.
e. **Week 5**: Collect and sort items that have been donated.
f. **Week 6**: Deliver the items you have collected.

Disaster Relief

Edna Lee de Gutiérrez organized a relief center to help people after a major natural disaster. Reach out to an organization that helps with disaster relief and find out what is needed most.

a. **Week 1**: Create posters asking for donations. Put up posters around your church.
b. **Week 2**: Collect donated items from around the church. Talk about the things we need to survive in a disaster—a safe place to sleep, clean water to drink, food to eat, etc. Talk about how some people lose everything when disasters happen and need others to provide those things.
c. **Week 3**: Ask someone with experience in disaster relief to come to your class and talk about the various ways they help.
d. **Week 4**: Collect donated items from around the church.
e. **Week 5**: Collect and sort items that have been donated. If it's money, then talk about how it will be used.
f. **Week 6**: Deliver the items you have collected.

Food

Helen Barrett Montgomery focused on helping poor women and children have the practical support they needed, including safe places to eat and safe milk to drink. Reach out to a food pantry or organization in your area that distributes food to families experiencing hunger. Ask for a list of items that are most needed.

a. **Week 1**: Create posters asking for donations. Put up posters around your church.
b. **Week 2**: Collect donated items from around the church. Ask children to talk about what they like to eat for breakfast, lunch, dinner and what kind of snacks they enjoy.
c. **Week 3**: Ask someone from the organization to come to your class and talk about how they distribute food.
d. **Week 4**: Collect donated items from around the church.
e. **Week 5**: Collect and sort items that have been donated.
f. **Week 6**: Deliver the items you have collected.

School Supplies

Nannie Helen Burroughs focused on education and how it can help change the world. Reach out to a local school or organization that helps children and get a list of school supplies needed.

a. **Week 1**: Create posters asking for donations. Put up posters around your church.
b. **Week 2**: Collect donated items from around the church. Ask children to talk about the school supplies they use every day.
c. **Week 3**: Ask someone from the school or organization to come to your class and talk about how the supplies will be used.
d. **Week 4**: Collect donated items from around the church.
e. **Week 5**: Collect and sort items that have been donated.
f. **Week 6**: Deliver the items you have collected.

PRESCHOOL STATIONS

Station 1: Books/Puzzles

Freedom Faith: Read books about leaders of the Civil Rights Movement in the 1960s, such as *We Shall Overcome* by Bryan Collier, *Who Was Martin Luther King, Jr.?* by Lisbeth Kaiser, or others located here *https://www.thebhhs.org/crbooks*. You can also read books about activism located here: *https://www.thebhhs.org/activismbooks*.

Baptist Freedom: Read *God's Dream* by Desmond Tutu (*https://www.thebhhs.org/godsdream* is a video of it being read aloud). Talk about how we are not all the same, but God created each of us.

Faith Through Service: Read *21 Elephants* by Phil Bildner or other books about being courageous and persevering. (*https://www.thebhhs.org/21elephants* is a video of the book being read aloud.)

Pioneering Faithfulness: Put together puzzles with colors and patterns. Talk about how Edna Lee de Gutiérrez was from a multicultural family. Her parents welcomed everyone and so did Edna.

Prayer, Perspiration and Patience: Read books about Susan B. Anthony (like *I Am Susan B. Anthony* by Nancy Parent, *National Geographic Kids Readers: Susan B. Anthony*, or *Susan B. Anthony (My Itty-Bitty Bio)* by Cherry Lake Publishing). Talk about how Helen Barrett Montgomery and Susan B. Anthony worked together to help others.

Specializing in the Wholly Impossible: Put together puzzles with letters and numbers. Talk about how Nannie Helen Burroughs started a school for African American girls so that they could get a good education.

Station 2: Art/Music

Freedom Faith: ***"I Have a Dream" Art.*** Write "I Have a Dream" on the top of construction paper, one piece per child. Encourage them to imagine their perfect world and draw it. Ask for volunteers to share their drawings.

Baptist Freedom: ***Create a Lantern.***
Items needed: *cardstock, hole punchers or scissors, tape, battery-operated tea light candles*
Encourage children to use hole punchers or scissors to make cutouts in their cardstock. Then, use tape to secure the cardstock around the tea light candle. For a tutorial (and pictures), visit: *https://www.thebhhs.org/lantern*.

Faith Through Service: ***Create a Sign.***
Items needed: *butcher paper, crayons*
At the top of your sign, write "God loves you!" Encourage children to draw pictures to add to your sign. Talk about how signs help us know what to do and where to go.

Pioneering Faithfulness: ***Listen to Music from Mexico***, where Edna Lee de Gutiérrez was from. Choose which video you would like to show (*https://www.thebhhs.org/music1* or *https://www.thebhhs.org/music2*). Encourage children to listen and learn.

Prayer, Perspiration and Patience: ***Listen to a Children's Song in Mandarin.*** Show this video (*https://www.thebhhs.org/headtoes*) of "Head, Shoulders, Knees, and Toes." Talk about Helen Barrett Montgomery's travels to Europe, the Middle East, India, China and Japan to see the needs of women and children there.

Specializing in the Wholly Impossible: ***Create Bold Paintings.***

Items needed: *paper, paint, paintbrushes (or marbles), disposable plates or bowls for the paint, trays or aluminum pan*

Place the paper on the tray or aluminum pan. Encourage children to create bold paintings, either by using a paintbrush or by rolling a marble through paint on their paper. Talk about how **Nannie Helen Burroughs** was bold in her faith.

Station 3: Play Pretend

Freedom Faith: ***Play Church.*** Encourage children to play church. Have someone lead the music, someone "read" Scripture (or just say, "Jesus loves you!"), and ask someone to be the preacher. Encourage children to try different roles. Talk about how **Rev. Dr. Prathia Hall** was a great preacher.

Baptist Freedom: ***Play Dress Up.*** Encourage children to get out costumes and play dress up. Talk about how **Babs Baugh** was often seen sporting colorful outfits (sometimes even a feather boa!) and spreading laughter wherever she went.

Faith Through Service: ***Play School.*** Encourage children to play school by writing on the board, standing up and "teaching," drawing, and more. Talk about the different parts of school. Talk about how **Diana Garland** was a teacher.

Pioneering Faithfulness: ***Pretend to Be Treasure Hunters.*** Encourage children to go around the room looking for treasure. Praise them for whatever treasure they find. Talk about how **Edna Lee de Gutiérrez** believed that our biggest treasures are our faith in God and our families.

Prayer, Perspiration and Patience: ***Pretend to Travel the World.***

Items needed: *pictures of landmarks around the world* | Tape the pictures around the room. Encourage children to use their hands as binoculars and see the sights. Talk about how **Helen Barrett Montgomery** traveled the world helping others.

Specializing in the Wholly Impossible: ***Pretend to Give a Speech.*** Encourage children to stand up in front of the class and say something. (It can be about a food they like, their favorite thing to do, or something about their family.) Talk about how **Nannie Helen Burroughs** stood up in front of many people to teach that God can and does use both men and women.

Station 4: Games

Freedom Faith: ***Play Freeze Tag.***

Items needed: *stopwatch (or timer on a phone)* | For this game, children will play a traditional game of freeze tag with a twist: One person will be the proclaimer (or preacher, depending on what title you'd like to use). Every 60 seconds, the person who is the proclaimer will say, "Be free!" and everyone who is frozen will unfreeze. Play for a few rounds, asking for various volunteers to be the tagger and the proclaimer. Talk about how Jesus came to set us free.

Baptist Freedom: ***Do an Obstacle Course.*** Set up chairs, tunnels, mat and other obstacles for the children. Encourage children to go through the obstacle course, helping each other as needed. Talk about how **Babs Baugh** helped others.

Faith through Service: ***Walk Across a Bridge.*** Set up mats across blue fabric to be the water. Encourage children to walk across the bridge, then run, then stomp, then dance, and any other kind of movement you wish to add. Talk about how **Diana Garland** helped connect faith and social work.

Pioneering Faithfulness: ***Pack a Relief Kit.*** ***Items needed:*** *a basket or reusable bag and pictures of water, food, blankets and other helpful supplies* | Place the pictures around the room. Children take turns finding one picture and adding it to the relief kit. Explain that people use relief kits to help families after a disaster. **Edna Lee de Gutiérrez** organized a relief center after the 1985 Mexico City earthquake.

Prayer, Perspiration and Patience: ***Play on the Playground.*** Talk about how **Helen Barrett Montgomery**, alongside Susan B. Anthony, founded the Women's Educational and Industrial Union of Rochester, NY. This provided practical support for poor women and children in the city, including the creation of public playgrounds. Before that, there weren't any playgrounds where everyone could go play!

Specializing in the Wholly Impossible: ***Knock Down Walls.*** Build walls using cardboard blocks and then knock them down! Talk about how **Nannie Helen Burroughs** worked to knock down walls that stood in her way. Talk about how these were not walls people could see. They were people's feelings and opinions about African Americans and women.

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